



ISO 21001 : 2018, 14001 : 2015 & 9001 : 2015

IPH&H COLLEGE OF NURSING & ALLIED HEALTH SCIENCES

COURSES APPROVED BY JAMMU & KASHMIR PARAMEDICAL & NURSING COUNCIL, AFFILIATED TO UNIVERSITY OF JAMMU



GLOBAL EDUCATION GOES LOCAL



COURSES WITH A TOUCH OF ARTIFICIAL INTELLIGENCE
& ENVIRONMENTAL EDUCATION INTROSPECTING ENVIRONMENTAL
AND ALLIED HEALTH ISSUES IN TODAY'S ERA.



ADMISSION ENQUIRY

7051179677, 8082531040, 8082657200

INSTITUTE OF PUBLIC HEALTH & HYGIENE

COLLEGE OF NURSING & ALLIED HEALTH SCIENCES, JAMMU

The global Institute at the heart of an ambitious city!



VISION

The Institute seeks to be a center of excellence dedicated to provide superior education and training in Allied Health Sciences in order to produce highly qualified, caring allied health workforce for the Health Care Industry to serve the people of India and at the International level.



MISSION

The Institute in pursuit of its vision will provide outstanding educational experience, in all the disciplines of Allied Health Sciences, in a supportive environment of critical thinking, self directed learning and integrity. It will provide comprehensive, culturally sensitive, community oriented Health care professionals to individuals and families.



VALUES

The Institute of Public Health & Hygiene sets higher standards and works to improve education in allied health sciences. We are committed to : Being student centered
Being clinically led well-being
Quality Innovation.



GOALS

The Institute strives to be among the top institutions in India in the sphere of Allied Health training.

The Lady with the Lamp“Glow of hope.”

Florence Nightingale

FOUNDER OF MODERN NURSING

Florence Nightingale (12th May 1820 - 13th Aug 1910) was an English social reformer, statistician and the founder of modern nursing. Nightingale came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which she organised care for wounded soldiers at Constantinople. She significantly reduced death rates by improving hygiene and living standards. Nightingale gave nursing a favourable reputation and became an icon of Victorian culture, especially in the persona of "The Lady with the Lamp" making rounds of wounded soldiers at night. Florence received many honours. She was invited to Windsor by Queen Victoria to receive The Royal Red Cross in 1833.



Nurses Pledge

I solemnly pledge myself before God and in presence of this assembly to practice my profession with dedication. I will serve mankind with love and compassion, recognising their dignity and rights irrespective of colour, caste, creed, religion and nationality. I will endeavour to maintain up to date knowledge and skill to uphold standard of Nursing care to individual, family and community in all settings and in all aspects of holistic care as a member of the health care team. I will hold in confidence personal matters of my clients committed to my care and help them to develop confidence in care rendered by me. I will refrain from any activity that will harm my personal and professional dignity as a Nurse. I will actively support my profession and strive towards its advancement. I will fulfill my responsibilities as a citizen and encourage change towards better health.



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ABOUT IPH&H-COLLEGE OF NURSING & ALLIED HEALTH SCIENCES, JAMMU

We heartily welcome you to the IPHH College of Nursing & Allied Health Sciences, Jammu (J&K), assisted and supported by Institute of Public Health & Hygiene, (IPH&H) New Delhi, the renowned, premiere and oldest Paramedical and Allied Health Education Institutes of the country with 48 years of outstanding legacy since 1976. IPHH College of Nursing & Allied Health Sciences is a reputed institution known for its quality education and comprehensive programs in nursing and allied health sciences. The college offers a range of courses designed to equip students with the necessary knowledge and practical skills to excel in their respective fields. The college prides itself on its experienced faculty members who provide expert guidance and mentorship to students throughout their academic journey. Practical training is a significant component of the curriculum, ensuring students develop strong clinical skills and hands-on experience in their chosen disciplines. IPHH College is committed to providing a conducive learning environment with state-of-the-art facilities, well-equipped laboratories, and simulation centers. Additionally, IPHH College of Nursing & Allied Health Sciences focuses on holistic development and nurtures professionalism, ethical values, and compassion among its students.

Facilities & Labs.

COMPUTER TRAINING : Our well equipped Computer Laboratories ensure that our students remain on the cutting edge of medical studies with the latest research & technological advances. The broadband Internet enabled work-stations allow students to carry out their studies effectively and efficiently.

NURSING FOUNDATION LAB : The Nursing Foundation Lab is well equipped with adequate no. of Models, Educational Charts, Advanced Nursing Manikins, CPR dummies, advanced maternal and neonatal emergency simulator etc. which are specifically designed for professional nursing training.

NUTRITION LAB: The Nutrition Lab is well ventilated, furnished and equipped with all the amenities of a Nutrition Lab viz. cooking and serving utensils, glassware articles, refrigerator, dining table, chairs, gas stove and raw ingredients, weighing machine etc.

COMMUNITY HEALTH NURSING LAB : Equipped with adequate nos. of community bags containing all the required articles for community health nurses, the Community Health Nursing Lab is aimed to make students learn the home visiting bag technique & perform various procedures during the home visits.

PRE CLINICAL SCIENCE LAB : It is well-equipped with models & specimens, all the bones, skeleton & subject related charts etc. The students are encouraged to use our Anatomy lab to learn Anatomy of bone & joints & other systems. It is well equipped with compound microscope with histological slides, models, 3D charts, specimens, manikins.



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ADVANCE NURSING LAB : The aim of this Lab is to provide best practical knowledge in advance Nursing procedures under the guidance of experts in subjects. We have BLS practice section to teach good quality CPR.

MATERNAL & CHILD HEALTH (MCH) LAB: The MCH Lab : Lab is equipped with maternity examination model, gynecological examination model, delivery model, charts & other equipment. Child Health Lab is having models, charts & various play therapy materials, where students learn about all the nursing care skills essential for the care of the newborn, infants & children. It is equipped with various models, pediatric mannequins, pediatric cart trolley, emergency medicines and equipment to manage normal and emergency situation of child health.

LECTURE HALLS & AUDITORIUM : Multi-media rich, pleasantly furnished, spacious and well lit lecture halls provide appropriate environment for studies. The auditorium is equipped with the latest facilities, our spacious auditorium can comfortably accommodate 100 students.

LIBRARY : Equipped with extensive hard copies and online research materials, the spacious. Library is modernized with latest collection of over thirty thousand books & over three hundred periodicals and Subscriptions in various formats with separate CD section. Professional Librarians and supportive staffs are available to assist the students.

AUDIO VISUAL & SKILL LAB : The Institute is maintaining a Museum with wide range of Medical Charts, Models and soft human specimen for teaching & training of the candidates of the various Diploma & Degree Courses. The Audio-Visual Lab provide LCD's, OHP's & other computerized equipments for cutting edge training.

DRESS : All the male/female students are required to wear white clothes during the theoretical /practical training classes/field practice and "White Doctors Coats" in the regular training classes. The students are required to be properly dressed for all the classes to ensure a regular hygienic standard and identity. The Apron will be supplied by the Institute with insignia/monogram of IPH&H on payment.

RESIDENTIAL FACILITIES : • Homely Environment • Comfort & Security • Mess and Common hall • Intercom for incoming Calls • Health Care Services • Healthy Educational Environment • 24 hrs. Electric & Power Supply • Provision of vehicle for local shopping

Industry Linkage



ACADEMIC PROGRAMME IN **Post Basic B.Sc. (NURSING)**

Eligibility : Candidates interested in applying for the Post Basic BSc Nursing program must meet the following requirements:

- They must have completed the GNM (General Nursing and Midwifery) Course.
- They must have completed a 10+2 program with Physics, Chemistry, Biology, and English as required topics.
- IELTS/TOFEL Scores

Duration : 2 Years

Medium of Instruction : English

Examining Board : University of Jammu

Examination System : The start of the course shall be 1st August every year. University examination will be held at the end of every year by the University of Jammu. Supplementary Examinations will be held at the end every year final exam as per the University Schedule.

First Year

1. Nursing Foundation
2. Nutrition & dietetics
3. Biochemistry & Biophysics
4. Psychology
5. Maternal Nursing
6. Child Health Nursing
7. Microbiology
8. Medical & Surgical Nursing
9. English

Second Year

1. Sociology
2. Community Health Nursing
3. Mental Health Nursing
4. Introduction to Nursing Education
5. Introduction to Nursing Administration
6. Introduction to Nursing Research & Statistics

ACADEMIC PROGRAMME IN **B.Sc. (NURSING)**

Eligibility : Candidate with Science who have passed the qualifying 12th Standard examination (10+2) and must have obtained a minimum of 45% marks in Physics, Chemistry and Biology taken together and passed in English individually. In respect of candidates belonging to SC/ST/OBC the marks obtained in 3 core subjects shall be 40% instead of 45% for General category candidates.

Candidates are also eligible from State Open School recognized by State Government and National Institute of Open School (NIOS) recognized by Central Government having Science subjects and English only.

Age : 17 years to be completed on 31st December in the year of admission. The maximum age limit for admission shall be 35 years.

Duration : 4 Years (8 Semester)

Medium of Instruction : English

Examining Board : University of Jammu

Examination System : The start of the semester shall be 1st August every year. University examination will be held at the end of every semester by the University of Jammu. Supplementary Examinations will be held at the end of next semester as per the University Schedule.

I Semester

Communicative English, Applied Anatomy, Applied Physiology, Applied Sociology, Applied Psychology, *Nursing, Foundations-I

II Semester

Applied Biochemistry, Applied Nutrition and Dietetics, *Nursing, Foundations II Health/Nursing, Informatics & Technology

III Semester

Applied Microbiology, and Infection Control including Safety, Pharmacology-I, Pathology-I, *Adult Health (Medical Surgical) Nursing-I with Integrated pathophysiology

IV Semester

*Pharmacology-II, Pathology-II & Genetics, Adult Health Nursing-II, with integrated pathophysiology including Geriatric Nursing, Professionalism, Professional Values & Ethics including Bioethics

V Semester

*Child Health Nursing-I, Mental Health Nursing-I, Community Health Nursing I (including Environmental Science & Epidemiology), Educational Technology / Nursing Education, Introduction to Forensic Nursing and Indian Laws

VI Semester

Child Health Nursing II, Mental Health Nursing II, Nursing Management & Leadership *Midwifery/Obstetrics, and Gynecology (OBG) Nursing I

VII Semester

Community Health Nursing-II, Nursing Research & Statistics, Midwifery/Obstetrics and Gynecology (OBG), Nursing-II

VIII Semester

Internship (Intensive Practicum / Residency Posting)

GENERAL NURSING MIDWIFERY (GNM)

ELIGIBILITY : 10+2 with with any stream

DURATION : 3 Years Including Internship

Details of Academic Course - Syllabus

First Year

Bio Sciences Anatomy & Physiology. Microbiology, Behavioral Sciences : Psychology, Sociology, Nursing Foundations : Fundamentals of Nursing, First aid, Community Health Nursing(CHN-I), Environmental Hygiene, Health Education & Communication Skills, Nutrition, English, Computer Education, Co-curricular activities

Second Year

Medical Surgical Nursing-I, Medical Surgical Nursing –II, Mental Health Nursing, Child Health Nursing, Practical – I : Medical Surgical Nursing, Practical-II : Child Health Nursing, Practical-III : Mental Health Nursing, Computer Education, Co-curricular activities

Third Year

Midwifery & Gynecological Nursing, Community Health Nursing-II, Practical I : Midwifery Nursing Edu. & Introduction to Research and statistics Part-II, Professional Trends & Adjustment, Nursing administration and Ward Management Part-II, Computer Education, Co-curricular activities

Internship Subject

Medical Surgical Nursing, Community Health Nursing, Child Health Nursing, Midwifery and Gynecological Nursing, Mental Health Nursing

ACADEMIC PROGRAMME IN MULTI-PURPOSE HEALTH WORKER (MALE)

ELIGIBILITY : 10th / Matriculation

DURATION : 18 Months Including Internship

Details of Academic Course - Syllabus

First Year

Paper A - Anatomy & Physiology, Community Health Nursing
Paper B – Fundamentals of Nursing
Practical – Paper A & B

Second Year

Paper A – Midwifery
Paper B - Community Health Nursing-II
Practical – Paper A & B

ACADEMIC PROGRAMME IN MULTI-PURPOSE HEALTH WORKER (FEMALE)

ELIGIBILITY : 10th / Matriculation

DURATION : 18 Months Including Internship

Details of Academic Course - Syllabus

First Year

Paper A - Anatomy & Physiology, Community Health Nursing
Paper B – Fundamentals of Nursing
Practical – Paper A & B

Second Year

Paper A – Midwifery
Paper B - Community Health Nursing-II
Practical – Paper A & B

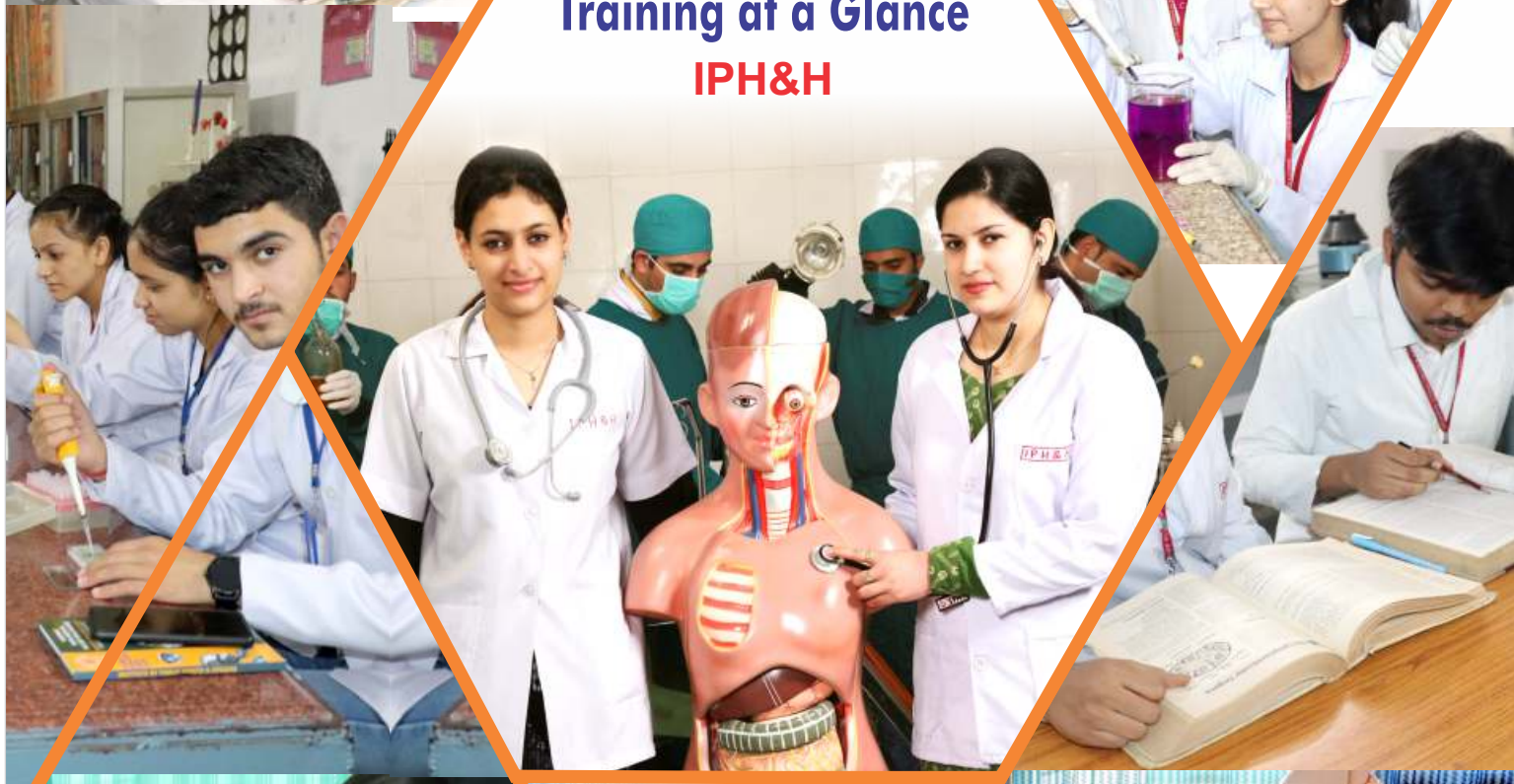
DOCUMENT TO BE SUBMITTED AT THE TIME OF ADMISSION

1. Class 10th & 12th Original Certificates with two set of photostats copies. 2. BOPEE SCORE CARD 3. Certificate of Higher Education, if any 4. Domicile / Nationality Certificate 5. Reservation Certificate; if any. 6. Twelve passport size photographs. 7. Character Certificate 8. Health fitness Certificate 9. Covid-19 vaccination Certificate. 10. Aadhar Card photostats copies.





Training at a Glance IPH&H





N.S.D.C.
National Skill Development Corporation



Healthcare Sector Skill Council



INSTITUTE OF PUBLIC HEALTH & HYGIENE

COLLEGE OF NURSING & ALLIED HEALTH SCIENCES JAMMU (J&K)

IPH&H - College of Nursing & Allied Health Sciences Institutional Campus,
Near Kangar Morh, Kot Bhalwal, Jammu, Jammu & Kashmir - 181122 (India)
Visit us : www.iphhnursingcollegejammu.org Email : iphhjammu@gmail.com

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